

**SPRING 2010  
CONTINUING EDUCATION  
AND  
ETHICS CONFERENCE**



**April 8-10, 2010  
Eden Resort Inn and Suites  
Lancaster, Pennsylvania**

*Featuring . . .PPAGS Workshop on April 10!*

### **W-1: Advanced Ethical Decision Making from a Principle-Based Perspective**

**Thursday, April 8, 9:00 a.m.-12:00 p.m.**

**3 C.E. Credits (ethics) - Advanced Workshop**

This workshop reviews principle-based ethical decision making and involves participants in its application to difficult situations. A distinction will be made between ethically adequate and ethically exemplary decision making; and consideration will be given to non-cognitive influences on decisions. Significant participant interaction is expected. **This workshop qualifies for three contact hours for the ethics requirement as mandated by the Pennsylvania State Board of Psychology.** **PRESENTER:** *Samuel J. Knapp, Ed.D., Director of Professional Affairs, Pennsylvania Psychological Association. Dr. Knapp has been conducting ethics workshops for more than 25 years.*

### **W-2: A Guide on the Journey: Nurturing the Growth and Well-Being of LGBTQ Youth**

**Thursday, April 8, 9:00 a.m.-12:00 p.m.**

**3 C.E. Credits - Introductory Workshop**

This workshop will provide psychologists with a greater understanding of LGBTQ youth in clinical practice, and interventions that are effective in assisting this population negotiate issues related to being LGBTQ in today's society. Didactic teaching, case presentations and participant activities will be used in this workshop. **PRESENTERS:** *From the Milton S. Hershey School: Erica M. Weiler-Timmins, Ph.D., ABPP, Director of Psychological Services; and Virginia B. Murphy, Psy.D., Lead Psychologist, Middle Division.*

### **W-3: Introduction to Performing Custody Evaluations**

**Thursday, April 8, 9:00 a.m.-12:00 p.m.**

**3 C.E. Credits - Introductory Workshop**

This workshop will provide a detailed discussion of how to prepare and conduct custody evaluations. Matters concerning advertising, correspondence with professionals, attorneys and judges, format of interviewing, testing, interactions between child(ren) and parent(s), collateral information, and recommendations will be discussed. **PRESENTER:** *Eric Bernstein, Psy.D. As a private practitioner, Dr. Bernstein conducts custody and dependency evaluations for several counties within Western Pennsylvania and in West Virginia. He serves as a Junior Partner for Allegheny Forensic Associates and as an adjunct professor for Penn State University and Argosy University.*

### **W-4: A Role for Psychologists in Ethical Dilemmas in Medicine**

**Thursday, April 8, 1:30 p.m.-4:30 p.m.**

**3 C.E. Credits (ethics) - Advanced Workshop**

This program uses case discussions to demonstrate the role and value of psychologists in resolving ethical dilemmas in medicine. Serving as a consultant and using systems principles, psychologists have unique skills and training that can facilitate resolution of impasses in medical ethical dilemmas. **This workshop qualifies for three contact hours for the ethics requirement as mandated by the Pennsylvania State Board of Psychology.** **PRESENTER:** *George F. Blackall, Psy.D., MBA, Professor of Pediatrics and Humanities, Director of Student Development, Vice Chair of the Ethics Committee, The Milton S. Hershey Medical Center, Penn State University College of Medicine, Hershey.*

### **W-5: When It's Not Anorexia or Bulimia: Treating Disordered Eating**

**Thursday, April 8, 1:30 p.m.-4:30 p.m.**

**3 C.E. Credits - Introductory Workshop**

Everyone sees clients with disordered eating, or food-related problems that don't meet DSM-IV criteria for eating disorders: a child who only eats white food; a teen obsessing about losing five pounds; an adult who cycles between bingeing and restricting. Learn effective strategies to help this diverse group of clients. **PRESENTER:** *Dea Silbertrust, Ph.D., J.D., private practice, Bala Psychological Resources, Bala Cynwyd. Dr. Silbertrust is a member of PPA's Continuing Education Committee.*

## W-6: Change Strategies Used in CBT for Adult ADHD

Thursday, April 8, 1:30 p.m.-4:30 p.m.

3 C.E. Credits - Intermediate Workshop

About 4% of the adult population has Attention-Deficit/Hyperactivity Disorder (ADHD). While medications are the most effective single treatment, cognitive-behavioral therapy (CBT) is an efficacious psychosocial treatment for this population. This workshop is designed for practicing clinicians to review specific interventions and change strategies used in CBT for adult ADHD. **PRESENTERS:** *From the University of Pennsylvania School of Medicine in Philadelphia: J. Russell Ramsay, Ph.D., Co-Director, Penn Adult ADHD Treatment & Research Program and Assistant Professor of Psychology in Psychiatry, Department of Psychiatry; and Bradley M. Rosenfield, Psy.D., M.S., Clinical Associate, Department of Psychiatry.*

## W-7: The Ethics and Practice of Multicultural Supervision

Friday, April 9, 9:00 a.m.-12:00 p.m.

3 C.E. Credits (ethics) - Intermediate Workshop

Psychologists frequently have modest training in the competencies involved in clinical supervision, let alone the complexities of supervision with diverse clients. Participants will learn a multicultural supervision framework, with a specific focus on Latino culture and language. Ethical and multicultural issues of clinical supervision will be discussed via case example. **This workshop qualifies for three contact hours for the ethics requirement as mandated by the Pennsylvania State Board of Psychology.** **PRESENTERS:** *From the Philadelphia College of Osteopathic Medicine: Bruce S. Zahn, Ed.D., ABPP, Professor and Director of Clinical Training, Psy.D. Program in Clinical Psychology; and Marie C. Weil, M.A., graduate student. Dr. Zahn is a member of PPA's Continuing Education Committee. Ms. Weil is chair of the Pennsylvania Psychological Association of Graduate Students (PPAGS).*

## W-8: Treating Depression and Related Medical Disorders Using Short-Term Psychodynamic Therapy

Friday, April 9, 9:00 a.m.-12:00 p.m.

3 C.E. Credits - Introductory Workshop

This program illustrates a short-term, active and focused psychodynamic approach, ideally suited for those typically considered unmotivated, resistant or untreatable, which facilitates change in briefer periods than traditional therapy. Videotape will illustrate the successful treatment of severe depression, chronic fatigue and fibromyalgia, within the context of severe passive-aggressive personality disorder. **PRESENTER:** *Steven S. Shapiro, Ph.D., private practice, Malvern. Dr. Shapiro is a senior faculty member for the AEDP (Accelerated Accelerated Experiential Dynamic Psychotherapy) Institute in New York City and a member of PPA's Continuing Education Committee.*

## W-9: Prolonged Exposure Therapy for PTSD: An Evidence Based Treatment

Friday, April 9, 9:00 a.m.-12:00 p.m.

3 C.E. Credits - Intermediate Workshop

This program briefly reviews the diagnosis of PTSD as well as the research on effective treatments. This program will focus on Prolonged Exposure (PE) Therapy, including its rationale and implementation. Using PE with special populations such as those who are substance dependent and combat veterans will also be discussed. Prolonged Exposure Therapy is one of the two treatments adopted by the Veterans Administration as an evidence based treatment for PTSD. **PRESENTERS:** *David Yusko, Psy.D., psychotherapist, Center for the Treatment and Study of Anxiety, University of Pennsylvania, Philadelphia; and Aaron Brinen, M.A., M.S., psychology intern, VA Medical Center, Coatesville.*

## W-10: What Should Be in My Professional Records?

Friday, April 9, 1:30 p.m.-4:30 p.m.

3 C.E. Credits (ethics) - Intermediate Workshop

Licensing boards, professional associations, insurers and other organizations set standards for the contents of professional records. This workshop will review the standards for record keeping from the Pennsylvania State Board of Psychology, American Psychological Association, and various insurers. In addition, the workshop will present documentation standards designed to reduce the risk of an allegation of misconduct, and will review other documents (such as contracts that psychologists should maintain. Confidentiality issues will not be covered in this workshop. **This workshop qualifies for three contact hours for the ethics requirement as mandated by the Pennsylvania State Board of Psychology.** **PRESENTERS:** *Samuel J. Knapp, Ed.D., PPA Director of Professional Affairs; and Rachael M. Baturin, MPH, J.D., PPA Professional Affairs Associate.*

### W-11: Therapy with Teenagers: A Great Big Balancing Act

Friday, April 9, 1:30 p.m.-4:30 p.m.

3 C.E. Credits – Advanced Workshop

This workshop presents a model for working with adolescents and their parents which focuses on establishing genuine contact, in part by avoiding the temptations of trying too hard or letting things slide for the sake of gaining rapport. Case vignettes and video will be used to illustrate points.

**PRESENTER:** *Janet Sasson Edgette, Psy.D., private practice, Exton.*

### W-12: CANCELLED by Presenter

Friday, April 9, 1:30 p.m.-4:30 p.m.

### W-13: PPAGS Workshop: Congratulations! You Have a Doctorate! Now What? Pursuing a Successful Career in Psychology

Saturday, April 10, 9:00 a.m.-12:00 p.m.

3 C.E. Credits - Intermediate Workshop

This workshop will provide an overview of strategies to assist graduate students and early career psychologists with entry into the profession. Topic areas will include an overview of post-doctoral licensure requirements and tips for exam preparation, career options, strategies for conducting a job search, and strategies for establishing a private practice. **The Pennsylvania Psychological Association of Graduate Students (PPAGS) is pleased to co-sponsor this continuing education program. This workshop is FREE for student members of the Pennsylvania Psychological Association (PPAGS).** PPAGS also encourages early career psychologists and other interested psychologists to attend this workshop.

**PRESENTER:** *Cheryll Rothery, Psy.D., Director of Clinical Training and Associate Professor of Psychology, Department of Professional Psychology, Chestnut Hill College, Philadelphia. Dr. Rothery is the Secretary of the Pennsylvania Psychological Association.*

## Continuing Education Credits

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The **Spring 2010 Continuing Education and Ethics Conference** is sponsored by the Pennsylvania Psychological Association.

**Credits Offered: 3 Continuing Education Credits per workshop**

Workshops that qualify for the ethics requirement as mandated by the Pennsylvania State Board of Psychology are noted in the workshop descriptions.

Certificates of Completion will be mailed to participants who attend the entire workshop and complete the evaluation form. Partial credits will not be given.

**IMPORTANT REMINDER!** A participant may arrive no more than 10 minutes late nor leave more than 10 minutes early to receive credit for a program. **Please arrive early to register!**

**APA:** The Pennsylvania Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. PPA maintains responsibility for the programs and their content.

**Act 48:** The Pennsylvania Psychological Association is an approved provider for Act 48 Continuing Professional Education Requirements as mandated by the Pennsylvania Department of Education. Certificates will be sent to all School Psychologists following the conference. Non-PPA members must pay an additional \$10 for this service. **If you need Act 48 credits, please include your Professional Personnel ID number on the registration form.**

**Social Workers, Marriage and Family Therapists, and Professional Counselors** in Pennsylvania can receive continuing education from continuing education providers approved by the American Psychological Association. Since the Pennsylvania Psychological Association is approved by the American Psychological Association to sponsor continuing education, licensed social workers, licensed clinical social workers, licensed marriage and family therapists, and licensed professional counselors will be able to fulfill their continuing education requirement by attending PPA continuing education programs.

For further information about the workshops offered, please contact Marti Evans, Conference Manager, 717-232-3817, or [mevans@papsy.org](mailto:mevans@papsy.org).

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## Cancellation Policy

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Workshop registration cancellations made **MORE THAN 72 HOURS** before the workshop will result in a **50% refund**. All requests must be made **in writing** to Iva Brimmer, Business Manager, PPA, 416 Forster Street, Harrisburg, PA 17102 (telephone 717-232-3817; fax 717-232-7294; or [iva@papsy.org](mailto:iva@papsy.org)). Cancellations made **LESS THAN 72 HOURS** before the workshop will **NOT** be refunded.

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## Comfort and Etiquette Considerations

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Please turn off your beeper or cell phone or set them to vibrate; leave the meeting room to answer your phone so as not to disturb the training. Bring a jacket or sweater since it is often difficult to control the room temperature in the meeting rooms. Don't wear strong perfume or cologne to protect those with allergies.

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## Special Needs

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The Pennsylvania Psychological Association is committed to providing access and support to persons with special needs who wish to participate in the programs we sponsor. Persons with disabilities and special needs are encouraged to contact Marti Evans, Conference Manager, 717-232-3817, no less than three weeks before the conference, for further information.

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## Location, Directions and Lodging

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The **Spring 2010 Continuing Education and Ethics Conference** will be held Thursday, April 8 and Friday, April 9, 9:00 a.m. to 4:30 p.m., and Saturday, April 10, 9:00 a.m. to 12:00 p.m., at the Best Western Eden Resort Inn and Suites, 222 Eden Road, Routes 30 and 272, in Lancaster, Pennsylvania. **Registration begins at 8:00 a.m.**

The hotel offers complimentary parking. If you need a room, please call the hotel directly at 800-937-8376 or 717-569-6444 and tell them you are with the Pennsylvania Psychological Association's conference. Group room rates for Wednesday, April 7, Thursday, April 8, and Friday, April 9: \$119.95/single or double (plus tax). **Reservations must be made by March 15 to obtain the group rate.** The group rate is protected until March 15. If the room block is sold out before March 15, reservations will be accepted on a space availability basis only, and the rate you are charged will be higher.

The hotel's Web site is: [www.edenresort.com](http://www.edenresort.com), and for more information on Lancaster County: [www.padutchcountry.com](http://www.padutchcountry.com).

### *directions from Harrisburg:*

Take Route 283 East to junction with Route 30 East to Lititz Pike/Oregon Pike Exit. At first traffic light, go straight. At second traffic light, turn left onto Route 272 North (Oregon Pike). At the first traffic light make a right onto Eden Road. The hotel will be on your right.

### *directions from Pittsburgh:*

Take the Pennsylvania Turnpike east to Exit 247 (Harrisburg East) onto Route 283 East to junction with Route 30 East to Lititz Pike/Oregon Pike Exit. At first traffic light, go straight. At second traffic light, turn left onto Route 272 North (Oregon Pike). At the first traffic light make a right onto Eden Road. The hotel will be on your right.

### *directions from Philadelphia:*

Take the Pennsylvania Turnpike west to Exit 286 (Reading). Follow Route 222 South to Route 30 West. Exit to the right onto Route 30 West. Once on Route 30 West, stay in the far right lane and take the first Exit 272 North (Oregon Pike). Go to the traffic light and make a right onto Eden Road. The hotel is on your right.

SPRING 2010 CONTINUING EDUCATION AND ETHICS CONFERENCE

REGISTRATION FORM

REGISTRATION FEES FOR EACH 3 HOURS OF CE CREDITS

	Discounted Registration *	Regular Registration
Pennsylvania Psychological Association Member	\$75	\$85
Non-PPA Member	\$120	\$130
Attorneys (Non-PPA Member)	\$120	\$130
Senior PPA Member (65+ years)	\$55	\$60
Senior Non-PPA Member (65+ years)	\$85	\$95
Student PPA Member	\$15	\$20
Student Non-PPA Member	\$35	\$40

\* Discounted Registration must be postmarked by March 15. Lunch is on your own.

PLEASE SELECT WORKSHOPS:

THURSDAY, APRIL 8:

- [ ] W-1 3 CE Advanced Ethical Decision Making
- [ ] W-2 3 CE Nurturing Growth and Well-Being of LGBTQ Youth
- [ ] W-3 3 CE Introduction to Performing Custody Evaluations
- [ ] W-4 3 CE A Role for Psychologists in Ethical Dilemmas in Medicine
- [ ] W-5 3 CE When It's Not Anorexia or Bulimia: Treating Disordered Eating
- [ ] W-6 3 CE Change Strategies Used in CBT for Adult ADHD

FRIDAY, APRIL 9:

- [ ] W-7 3 CE The Ethics and Practice of Multicultural Supervision
- [ ] W-8 3 CE Short-Term Psychodynamic Therapy
- [ ] W-9 3 CE Prolonged Exposure Therapy for PTSD
- [ ] W-10 3 CE What Should Be in My Professional Records?
- [ ] W-11 3 CE Therapy with Teenagers
- [ ] W-12 3 CE Effective Clinical Work with Combat Veterans and Their Families

SATURDAY, APRIL 10:

- [ ] W-13 3 CE **PPAGS Workshop:** Pursuing a Successful Career in Psychology –FREE to student members of PPA

Name \_\_\_\_\_ Title (Ph.D., M.S., etc.) \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Telephone (office) \_\_\_\_\_ E-mail \_\_\_\_\_

If you need Act 48 CE Credits required by the Department of Education, please provide your Professional Personnel ID number: \_\_\_\_\_

NOTE: Non-PPA members, please add \$10 for this service.

Total Enclosed \_\_\_\_\_

[ ] Check enclosed (payable to PPA). [ ] VISA [ ] MasterCard [ ] AMEX

Card Number \_\_\_\_\_ CVV# \_\_\_\_\_

Expiration Date \_\_\_\_\_ Signature \_\_\_\_\_

Send completed form with payment to:

Pennsylvania Psychological Association • 416 Forster Street • Harrisburg, PA 17102-1748  
telephone 717-232-3817 • fax 717-232-7294

NO registrations can be processed without payment.